



A Hard Time, A Rainbow Time

Dear wonderful Earthie friend,

Well, flipsy-flops! I get many messages from my Earthie kids who are having a rough day there on Planet Earth so I'm sprinkling Can-Do Glow on you for any of your hard days!

If you're like me, you wish EVERY day could be fairy fabberful! You wish you could be doing all of your fun favorite things like doing sports or playing games with your family.

But sometimes things are not fabberful. Instead they feel crummy, rotten, icky, blechh! It happens to all of us - some days, we just have a HARD time.

I was telling the Real Tooth Fairies about an Earthie girl who turned her hard time into a rainbow time. Abigail grumbled, "My parents are making me clean my room, my brother took my tablet with my favorite game, and my teacher gave me LOTS of homework!"

When she was crying herself to sleep, she sobbed, "I'm so sad and there's nothing I can do!"

Avalanne came to her in her dreams and said, "Special friend, make your hard time into a rainbow. For each rainbow color, write 1 thing you can do to feel better."

Abigail thought of things like doing her homework for rainbow blue, and cleaning her room for color pink. And even painting a picture for rainbow yellow. She smiled, "There really is a rainbow of things I can do to feel better!" Then we slid down the rainbow just for fun!

Make your own rainbow time!
Hugs from your Real Tooth Fairy friend,

Avalanne

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